

# Christoph Sommer

Heilpraktiker, , BI-Dipl. Rolfer®

## About Me

Christoph Sommer, (HP- Germany) completed his basic manual education at the Rolf Institute of Structural Integration in 1986. He is Rolwing®- Instructor for the Rolf Institute, Boulder, CO and the European Rolwing® Association e.V.. Since 1986 he works in private practice in Munich in the field of the manual treatment of the human structure.

Peter Schwind, developer of the “Fascia and membrane technique” and Advanced Rolwing® Instructor has been a teacher and mentor for over 25 years.

On his path of developing skills and expertise in the field, he trained with Peter Schwind developer of the “Fascia and membrane technique” and Advanced Rolwing’ Instructor, in Cranio –Sacral- Therapy at the Upledger Institute, with various Rolwing instructors, he studied with Peter Levine (Somatic Experiencing), Ron Kurtz (founder of the Hakomi-Method of body-centered psychotherapy) and Hubert Godard, (Rolwing Movement Instructor and former dean of the University Paris IV) amongst other modalities.

Starting his studies of Visceral Manipulation with Jean Pierre Barral (D.O.) in 1989 in Germany, he has followed the evolution of Barral’s work through the last 36 years. The general attitude of this work, respecting the organism, being specific with educated and the “listening” hands, as well as treating with minimal force, have proven to be the most effective attitude in creating reliable and lasting results in daily practice.

He is teaching all levels of Barral’s work including the original work of *Visceral and Neural Manipulation*” and most of the advanced curriculum including the *Manual Approach to the Brain* with the Barral Institute as well as various post-graduate classes in osteopathy schools in Europe since 2001.

## Professional Associations / Memberships

IAHP

### Faculty of:

The Rolf Institute of Structural Integration, Boulder, USA

The European Rolwing Association e.V., Germany

The Barral Institute, Florida, USA



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